

# BEAT THE HEAT



Help Iona keep her pony feeling fab this summer!

Iona is trying to make sure that her pony, Stardust, has the best summer yet and is happy and healthy. She has an idea of what to do but could use some help in making sure she does it correctly. Answer the questions to see if you can help her!

1

**Stardust is really struggling with flies, what can Iona do to help deter them? (Tick all that apply)**

- A** Bring her in during the day and turn out overnight to avoid the worst of the flies
- B** Spray fly repellent on her
- C** Leave her as she is the flies will go away
- D** Put a fly rug and mask on her when she's turned out



2

**Oh no! Stardust is suffering from dry hooves. What can Iona do to improve her hoof quality?**

- A** Drizzle some water on them
- B** Apply hoof moisturiser
- C** Get her to stand in buckets of water

3

**Iona's just finished a ride and Stardust is super-sweaty. What should she do?**

- A** Leave her to cool down naturally
- B** Quickly sponge off just on her girth area
- C** Give her a thorough hose down to rinse off the sweat



4

It's a hot day but Iona still wants to ride. When's the best part of the day to do this?

- A Early morning or late evening
- B Middle of the day
- C Any time

5

Iona is worried Stardust isn't drinking enough water. What can she do? (Tick all that apply)

- A Add some apple juice to a bucket of water to tempt her
- B Wet her hay and feed a sloppy feed
- C Hold a bucket of water up to her and hope she drinks it

6

The ground is really hard but Iona wants to take Stardust for a canter to help boost her fitness. What can she do?

- A If it's hard then she should stick to walk and trot
- B Look for a track with a good covering of grass, and canter uphill, rather than on the flat
- C It's fine to go for a blast, so long as it's not too often

7

Stardust isn't coping well with being turned out in the heat. What can Iona do to help?

- A Pop her in a stable in the day and turn her out at night
- B Leave her out in the field so she gets used to it
- C Stable her all the time where it's cooler

8

Stardust has a pink nose. What can Iona do to stop it from becoming sunburnt?

- A Use a fly mask in the field and when riding to keep the sun off
- B Wet her nose with water
- C Apply horsey suncream before turnout and riding



Check your answers at [bit.ly/PNY\\_QUIZ\\_ANSWERS](https://bit.ly/PNY_QUIZ_ANSWERS) or scan the QR code!

## HOW DID YOU GET ON?

### 0-3 POINTS

#### Summertime sadness

Oh no! You haven't helped Iona much! Don't worry, though – there's plenty of time to learn more so you can beat the heat next time and make sure Stardust is well looked after.

### 4-7 POINTS

#### A slice of summer

You're getting there with your summer care knowledge. With a bit more practice and research, you'll be able to keep Stardust feeling happy all summer.

### 8-10 POINTS

#### Summer know-it-all

Well done! You've done an amazing job of helping Iona, and Stardust is one happy pony! Keep up the good work!

I SCORED /10