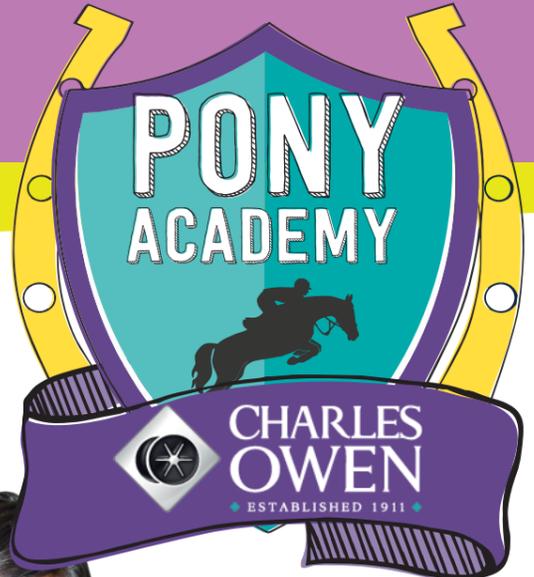


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Prove your pony knowledge by taking the PONY Academy test

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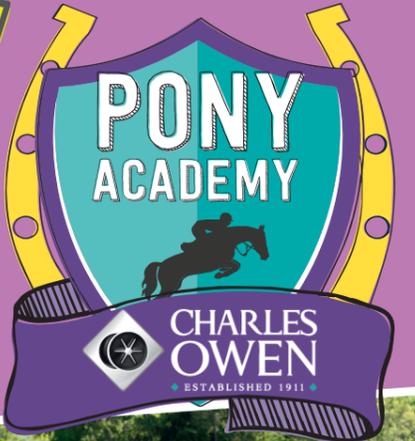


JOIN IN...
All topics and questions are based on features in previous issues of PONY magazine.

HOW TO GAIN YOUR CERTIFICATE
Complete the paper opposite and send it with a stamped, self-addressed A5 envelope to the address on the back of the paper.



This month:
YOUR PONY'S BACK



This month, our paper's all about your pony's back. Answer as many questions as you can, but don't worry if there's an answer you don't know – you can still send in your paper for marking. **This paper's based on Back in Action from the September 2020 issue of PONY Mag.**



- 1** What's your pony's spine designed to do?
- Grow hair so he doesn't get cold
 - Carry a rider
 - Protect his delicate spinal chord

- 4** Where's your pony's spinal cord located?
- It runs from his skull all the way to his tail
 - It goes up his legs to his backbone
 - It's in the lower part of his back

- 2** How many small bones, known as vertebrae, does a pony have in his spine?
- 54
 - 33
 - 12

- 5** To help look after his back muscles, how long should you spend warming your pony up before a schooling sesh?
- 5 minutes
 - 10-15 minutes
 - 30-40 minutes

- 3** How often should you have your pony's saddle checked by a qualified saddle fitter?
- Three times a month
 - Once every five years
 - Twice a year

- 6** Fill in the blank. The gluteus medeus is the muscle in your pony's body.
- Strongest
 - Longest
 - Smallest



7 Which of these are signs that your pony's back might be hurting him? (Tick all that apply)

- Bucking or bolting
- Being grumpy when you put his saddle on
- Rolling more than usual
- Carrying his tail to one side
- Not eating or drinking



8 Who should you call if you think your pony has a problem with his back?

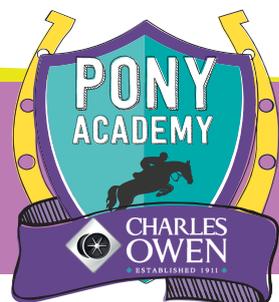
- Your equine dental technician
- Your farrier
- Your vet

9 Which of these can you do to help your pony's back stay healthy? (Tick all that apply)

- Keep him slim
- Never put a numnah under his saddle
- Always use a mounting block rather than getting on from the ground
- Only ever do sitting trot rather than rising



COMPLETE THIS FORM AND SEND EVERYTHING ON THE LIST SO WE CAN MARK YOUR PAPER



Name

Address

.....

.....

Postcode Age

Email

Parent/Guardian signature

(If under 13 years old)

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Yes, I want to hear about the latest offers, competitions, news and videos from PONY

Please confirm you are over the age of 13, or have your parent or guardian's permission to sign up to the PONY mailing lists

Your data will be kept securely for six months and we will not pass your details on to any third parties.

IMPORTANT!

Ensure all these things are included with your paper, so we can send out your certificate.

I am enclosing...

- my completed paper
- an A5 envelope with **my name and address on**

This envelope **MUST** have postage for a small envelope and be correct for the country of destination (for Ireland, please ensure an Airmail Large 2nd class stamp is on the envelope).

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Now send your completed paper to:

PONY Academy, Your Pony's Back paper, PONY magazine, Olive Studio, The Timber Yard, Grange Road, Farnham GU10 2DQ