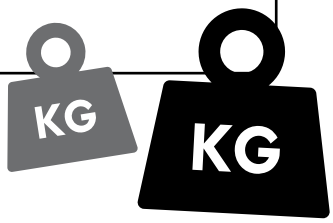
# WEIGHT WATCHING

Use a weightape to weigh your pony once a week and note it down in this chart to keep track of it

| MONTH | WEEK 1 | WEEK 2 | WEEK 3 | WEEK 4 |
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