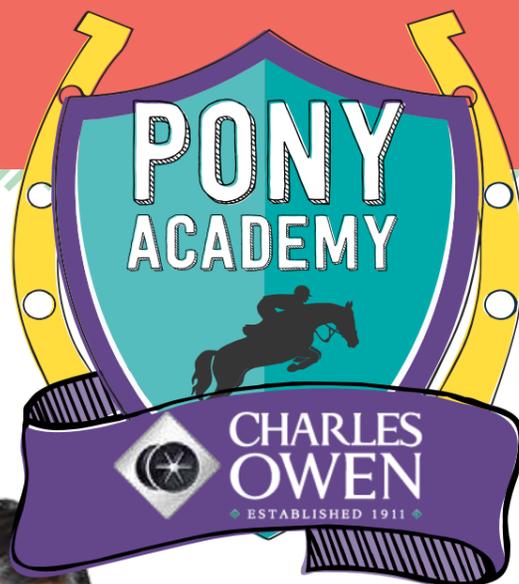


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Prove your pony knowledge by taking a PONY Academy test

- ★ The PONY Academy is open to everyone – so why not have a go?
- ★ Everyone who passes will receive a fab PONY Academy certificate!
- ★ If you score highly, you'll receive a silver (merit) or a gold (distinction) star!
- ★ PONY Academy papers appear every few months in PONY mag – how many certificates will you gain? Go on, show off your pony knowledge!



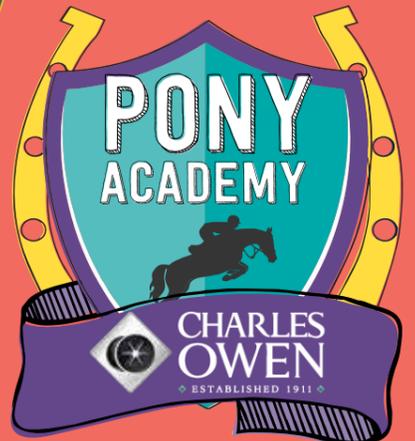
JOIN IN...
All topics and questions are based on features in previous issues of PONY magazine.

HOW TO GAIN YOUR CERTIFICATE

Complete the paper opposite and send it with a stamped, self-addressed A5 envelope to the address on the back of the paper.



THIS MONTH: Jumping doubles



This month, our paper is all about jumping doubles! Answer as many questions as you can, but don't worry if there's an answer you don't know – you can still send us your paper for marking. **This paper is based on *Double up*, which appeared on p6 in the November 2017 issue of PONY.**

- 1 What's a double?**
 - Two fences in a straight line that are either one or two strides apart
 - Two fences with two pairs of wings each
 - A fence that you have to jump twice
- 2 Why's accuracy even more important than usual when you're jumping doubles?**
 - They're worth double points
 - If you make a mistake over the first fence, you don't have much time to correct it and it'll be harder to clear the second part
 - It's a lot harder to approach a double, so you need to concentrate
- 3 What's the most important part of your canter when you're jumping a double?**
 - Speed
 - Stride length
 - Impulsion

- 4 What are the aids to keep your pony straight on the approach to a fence?**
 - Just look where you want to go
 - Keep both legs wrapped firmly around his sides and an even contact with both reins
 - Use your reins and seat to steer him in the right direction
- 5 Where should you be looking as you approach a fence?**
 - Up and ahead
 - Down at the fence
 - Two fences ahead

- 6 What part of the fence should you aim for?**
 - The middle
 - The edge
 - The front



7

When you land after the first fence, what should you be thinking about?

- Your position – look up, pull your shoulders back and push your heels down
- Your speed – your pony needs to pick up speed to clear the second fence
- Whether you managed to keep the first fence up

8

Why is it important to check that the distances are right for your pony?

- So he knows how many strides to take
- All ponies are different sizes and have slightly different stride lengths
- Some ponies are quite particular and will get cross if you get it wrong



9

Roughly how many human paces are there between fences in a one-stride double?

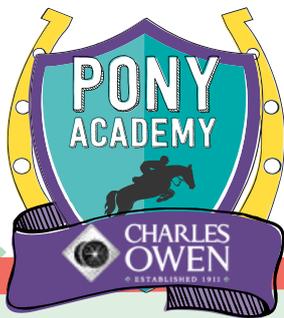
- 5–6
- 7–8
- 9–10



10

What's the best way to practise doubles if you're not feeling very confident?

- Shut your eyes and hope for the best
- Stick to jumping single fences
- Start with poles on the ground, then put the fences up slowly and one at a time, starting with the second fence



COMPLETE THIS FORM AND SEND EVERYTHING ON THE LIST SO WE CAN MARK YOUR PAPER

Name _____

Address _____

Postcode _____ Age _____

Email _____

Do you have your own pony?

- own pony loan pony share pony
- ride at a riding school

Signature of your parent or guardian _____

DJ Murphy (Publishers) Ltd will hold and collect your personal information to process your entry. From time-to-time, we may provide you with details of our other products and services. Please tick if you wish to receive this information by email . Your data will be kept securely for six months and we will not pass your details on to any third parties.

IMPORTANT!

Ensure all these things are included with your paper so we can send you your certificate.

I am enclosing...

- My completed paper
- An A5 envelope with **my name and address on**

This envelope MUST have postage for a small envelope and be correct for the country of destination (for Ireland, please ensure an Airmail Large 2nd class stamp is on the envelope).

We are unable to send certificates to entries without a correctly stamped and self-addressed A5 envelope included with the paper. This is not the envelope you send your entry to us in!

Now send your completed paper to:
 PONY Academy Jumping Doubles Paper, PONY magazine, Marlborough House, Headley Road, Grayshott, Surrey GU26 6LG